



Welcome to TAC'S...

# GENERAL STUDY SKILLS WORKSHOP #1

**START**





**This study skills initiative is brought to you by Markville's Student Success Team and Transition Activities Council (TAC).**

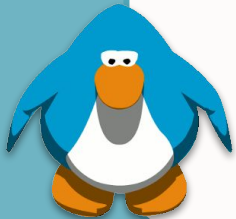
# TODAY'S AGENDA



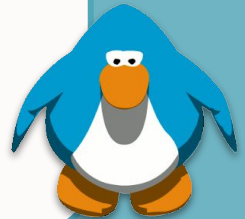
**SOCIAL MEDIA +  
TECHNOLOGY**

**MEMORIZATION  
STRATEGIES**

**TEST TAKING  
TIPS/TRICKS**



**EXAMS**





LET'S TALK ABOUT...

# SOCIAL MEDIA + TECHNOLOGY

# ARE YOU ADDICTED TO SOCIAL MEDIA?



How many of  
these **apps** do  
you use?

a. 1-3   b. 4-6   c. 7-9   d. 10-12



How **long** do you  
use social media  
everyday?

a. 0-1 h b. 1-2 h c. 3-4 h d. 4+h



# SOCIAL MEDIA CAN IMPACT YOUR STUDIES IN BOTH A **POSITIVE** AND **NEGATIVE** WAY







# THE BAD:





# THE BAD:

- Trying to multitask social media and studying will extend your study time!
- When you switch your focus from one thing to another, your brain stumbles a bit
  - it requires time to get back to where it was before it was distracted





# THE BAD:

**When you can  
search up the  
answers to your  
homework  
at home**



**When you can't  
search up the  
answers during  
a test**



- **Constantly relying on social media or technology can lead to bad habits!**



# THE GOOD:



# THE GOOD:

- There are several productivity apps that can help you study!
  - Grammarly (improving your writing skills)
  - Quizlet (active recall, memorization)
  - Symbolab/Desmos (math solutions)
  - Forest (productivity)
  - Goodnotes/OneNote (note taking)



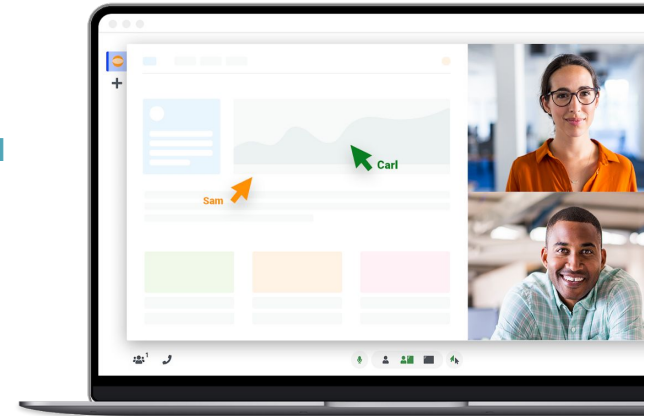
# THE GOOD:

**Using video-chatting platform communicate and collaborate with your classmates (even from your own home!)**

- Zoom, Discord, Google Meet (all allow you to screen share)

**Many websites have practice tests and video lessons tailored to the Ontario curriculum!**

- Prep Anywhere, JensenMath, Wiz Kids, Khan Academy





# MEMORIZATION STRATEGIES:

**MEMORIZATION MAY SEEM OVERWHELMING  
BUT  
WITH THE RIGHT STRATEGIES IT WILL BE**





# ACRONYMS + ACROSTICS

- **Use acronyms to help memorize the order of a short list**
  - **Acronym:** IPMAT → Interphase, Prophase, Metaphase, Telophase
- **Use acrostics to help memorize the order of a longer list**
  - **Acrostic:** My Very Energetic Mother Just Served Us Noodles (order of the planets)

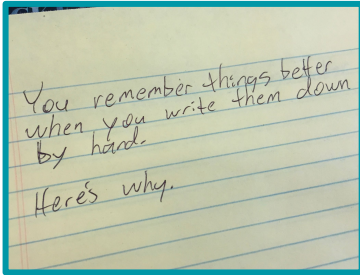


## YOU TRY!

Can you think of an acrostic to represent the order of classifying a species?

domain, kingdom, phylum, class, order, family, genus, and species

# MEMORIZATION STRATEGIES



- **Write it out:** instead of repeatedly reading information to yourself, try writing the concept you are trying to remember out!
- **Songs & Jingles:** songs or jingles use your brain's right hemisphere and can help us remember equations and lists (try finding some on youtube or make up your own!)



# MEMORIZATION STRATEGIES

- **Link it:** try to find a connection between the information you are trying to memorize with something you already know!
  - Ex: Amylase (an enzyme) → you know someone named Amy who is lazy!
- **Visual Metaphors:** Find a memorable visual image that is similar to the thing you are trying to memorize
  - Ex: the country of Syria as shaped like a bowl of cereal
- **Explain / teach the concept to someone else:** By explaining the concept to someone else in your own words, you can find out what you really know and what you have trouble with remembering



# HOW TO PREPARE FOR TESTS (IN GENERAL):





**WHICH TEST PREP  
STRATEGY IS THE  
IMPOSTER ???**



# Who Is The Impostor?



**CREATE AN OUTLINE FOR THE TEST TOPICS AND FORMAT.**



**STUDY ONE TOPIC A DAY, UP UNTIL THE TEST.**



**MAKE SUMMARY "CHEAT" SHEET FOR STUDYING ONCE YOU GET CLOSER TO THE TEST.**

**SKIP VOTE**

**Voting Ends In: 2s**

# Impostor



**“STUDY ONE TOPIC A DAY, UP  
UNTIL THE TEST.”**

**INSTEAD...**

**CREATE A STUDY SCHEDULE AND  
ALLOT 2-3 REVIEW DAYS. REVIEW  
TOPICS COVERED PRIOR, DAILY.**



# ACTIVE VS. PASSIVE STUDYING:

**WHICH IS BETTER AND WHY?**



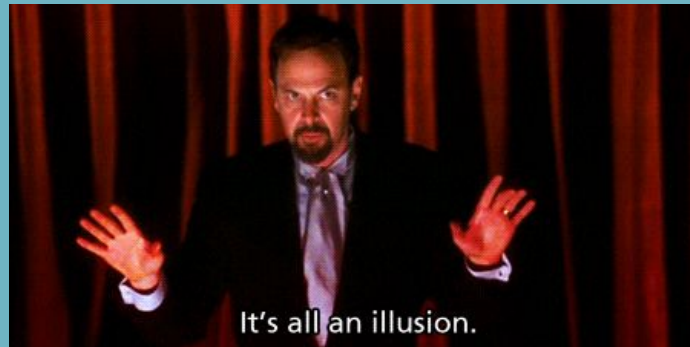


# PASSIVE VS ACTIVE

- Using only one approach to study (i.e re-reading over notes)
- Relies on rote memorization to retain information

- Being aware
- Using various study strategies
- Fully understanding and summarizing the material you obtain into your own words

# PASSIVE STUDYING CREATES AN “an illusion of knowing”



# HOW CAN YOU STUDY ACTIVELY?



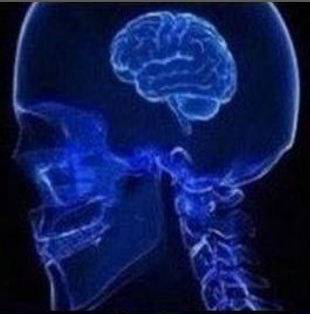


# ACTIVE STUDYING > PASSIVE STUDYING 🔍



1. Read actively, not passively. Make *jot notes* of each item you review (handwritten or typed) and underline important details.
2. Review each section the first time and if you get stuck or struggle, see your teacher the next day to review that part with you.

PASSIVE  
READING



ACTIVE  
READING

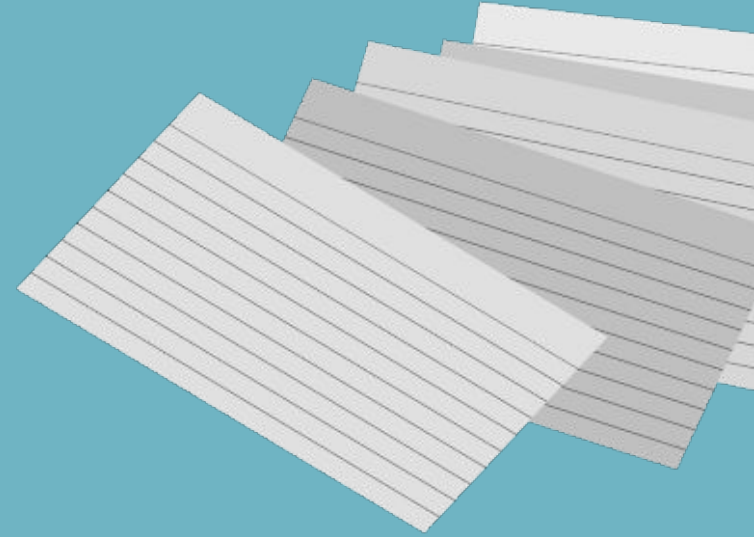




## Active Studying > Passive Studying



3. The second time you review, make cue cards for yourself.
4. The third time, review the cue cards and make jot notes for the parts you are not recalling. Additional times benefit from a combination of jot notes, cue cards and speaking out loud with a focus on material you are not sure of.





# Active Studying Tools

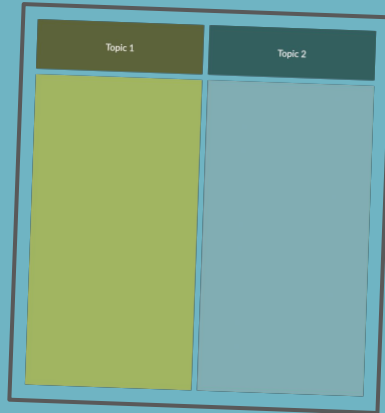


## FLASHCARDS

→ Effective for learning definitions & lists of information

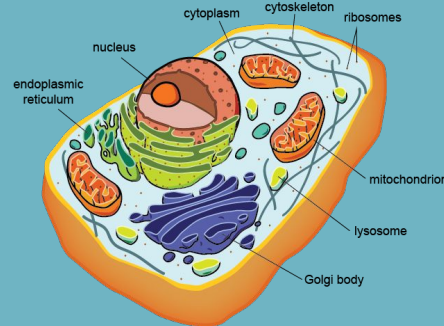
## CHARTS

→ Effective for sorting and comparing information



## CONCEPT MAPS

→ Effective for connecting concepts and seeing the larger picture



## PICTURES & DIAGRAMS

→ Effective for remembering locations & order of processes



# Do NOT Study Like This



- ✗ Reading information out loud *without writing it down*
- ✗ Glossing over notes without “proving” that you know it
  - (i.e by teaching someone else, by writing it down from memory, etc.)
- ✗ Excessive or unnecessary highlighting of texts or novels
- ✗ Reviewing the material only one time

***Passive studying is inefficient. It wastes your time.***



**LET'S TALK  
ABOUT....**







YOU **WILL** HAVE TO  
DO EXAMS  
EVENTUALLY!!!



## What does a typical exam schedule look like?

monday	tuesday	wednesday	thursday	friday
period 1 exam	period 2 exam		period 3 exam	period 4 exam



STUDYING FOR EXAMS  
CAN BE CHALLENGING...







# *The Exam Study Skills Restaurant*

Caffè  
CUPITOR



# Exam Study Skills Restaurant



RATING: EFFECTIVE!

ORGANIZE ALL THE IMPORTANT  
CONCEPTS LEARNED IN A  
CHECKLIST.

USE THE EXAM OUTLINE TO  
PRIORITIZE TOPICS TO STUDY.



# Exam Study Skills Restaurant



RATING: EFFECTIVE!

PREP WEEKS IN ADVANCE. SPLIT  
UP WORK INTO CHUNKS INTO A  
CALENDAR!

(I.E FOCUS ON EACH UNIT ONE  
AT A TIME BEFORE REVIEWING  
EVERYTHING)



# Exam Study Skills Restaurant



RATING: EFFECTIVE!

PRACTICE AND USE YOUR PAST  
TESTS/QUIZZES FROM THE  
COURSE (REVIEW ANY MISTAKES  
MADE FROM PREVIOUS TESTS)



# Exam Study Skills Restaurant



RATING: GOOD!

REVIEW NOTES AND PRACTICE  
PROBLEMS FROM PAST UNITS.

HOWEVER, ENSURE YOU ARE  
REVIEWING LESS FAMILIAR  
CONCEPTS FIRST! PRIORITIZE!



# Exam Study Skills Restaurant



RATING:  
INEFFECTIVE

HAVING DISORGANIZED AND/OR  
INCOMPLETE NOTES FROM THE  
COURSE

NOT ASKING QUESTIONS ALONG  
THE WAY TO ENSURE  
UNDERSTANDING, NOT TAKING  
OFFERS FOR EXTRA HELP



# Exam Study Skills Restaurant



RATING:  
INEFFECTIVE

NOT BUDGETING YOUR TIME  
WISELY OR START STUDYING FAR  
ENOUGH AHEAD OF TIME.

CRAMMING AND GETTING LITTLE  
SLEEP THE NIGHT BEFORE!

	6	7	8	9	10	11
5	SCIENCE, <b>ENGLISH</b> , <b>BUSINESS</b> : Prepare/Organize all notes. Ensure have all Tests/Quizzes.	<b>SCI: Section 1</b> <b>ENG: Section 1</b> <b>BUS: Section 1A</b>	<b>SCI: Section 2</b> <b>ENG: Section 2</b> <b>BUS: Section 1B</b>	<b>SCI: Section 3</b> <b>ENG: Section 3</b> <b>BUS: Section 2A</b>	<b>SCI: Section 4</b> <b>ENG: Section 4</b> <b>BUS: Section 2B</b>	<b>SCI: Section 5&amp;6</b> <b>ENG: Section 5&amp;6</b> <b>BUS: Section 3 All</b>
12	13	14	15	16	17	18
<b>SCI: Section 7&amp;8</b> <b>ENG: Section 7</b> <b>BUS: Section 4 All</b>	<b>SCI: Section 9</b> <b>ENG: Section 8</b> <b>BUS: Section 5A</b>	<b>SCI: Section 10</b> <b>ENG: Section 1</b> <b>BUS: Section 5B</b>	<b>SCI: Section 1, 2</b> <b>ENG: Section 2</b> <b>BUS: Section 6A</b>	<b>SCI: Section 3&amp;4</b> <b>ENG: Section 3</b> <b>BUS: Section 6B</b>	<b>SCI: Section 5&amp;6</b> <b>ENG: Section 4</b> <b>BUS: Section 7A</b>	<b>SCI: Section 7&amp;8</b> <b>ENG: Section 5&amp;6</b> <b>BUS: Section 7B&amp;8</b> <b>All</b>
19	20	21	22	23	24	25
<b>SCI: Section 9&amp;10</b> <b>ENG: Section 7&amp;8</b> <b>BUS: Section 9 All</b>	<b>Study All Science</b> <b>BUS: Section 10</b>	<b>Study All Science</b>	<b>SCI EXAM</b>  <b>Study All English</b>	<b>Study All English</b>	<b>ENG EXAM</b>  <b>Study All</b> <b>Business</b>	<b>Study All Business</b>
26	27	28	29	30		
<b>Study All</b> <b>Business</b>	<b>BUS EXAM</b>					

## Sample Calendar for 3 Exams

... and don't forget to **PACE**  
yourself!

- chunk your work so you do small amounts often
- ensure repetition
- take breaks!



# Make Tests Work for YOU! 🔍



- Keep all Tests/Quizzes and use them as study tools!
- Organize them for each subject that you have an exam.
- After each quiz, when it is taken up, ask your teacher for help on the questions you got wrong....*teachers use similar questions to make tests!*
- After each test, when it is taken up, ask your teacher for help on the questions you got wrong...*teachers use similar questions to make exams!*

Study strategies and calendar planning are suggested to help you be as successful as possible.



But it is up to **YOU** to *follow through!*

*thanks!*

**ANY QUESTIONS?**